SCHOOL ADVOCACY TOOLKIT

# Reasonable Adjustments Checklist

Tick what is in place and what you would like to discuss. Use it at SEN support or EHCP reviews.

FASD Compass
fasdcompass.co.uk/school-toolkit/

## Classroom environment

- [ ] Seated near the teacher, away from doors and windows
- [ ] Low visual clutter around their workspace
- [ ] Access to a calm space without needing to ask
- [ ] Ear defenders or noise reduction available
- [ ] Fidget or movement tools allowed

## Instructions and communication

- [ ] One instruction at a time
- [ ] Instructions written or shown as pictures
- [ ] Extra processing time before answering
- [ ] Understanding checked by showing, not telling
- [ ] Plain, literal language

## Learning and memory

- [ ] Tasks broken into small steps with a checklist
- [ ] Regular repetition and recap
- [ ] Hands-on and visual materials
- [ ] Shorter tasks and reduced written work
- [ ] Key vocabulary taught in advance

## Routines and transitions

- [ ] Visual timetable on the desk
- [ ] Warning before changes, with a visual timer
- [ ] Advance notice of supply teachers or trips
- [ ] Transition plan for new classes and schools
- [ ] A key adult to meet them at the start of the day

## Break, lunch and unstructured time

- [ ] Supervised or structured break options
- [ ] A quiet club or indoor space at lunch
- [ ] Help with friendships and social situations
- [ ] Extra supervision on trips and outings

## Behaviour and regulation

- [ ] Behaviour plan based on FASD-informed approaches
- [ ] Early signs of stress known by all staff
- [ ] Agreed calming strategies and a calm space
- [ ] Sanctions that remove break or PE avoided
- [ ] Repair and reconnect after incidents

## Homework and exams

- [ ] Reduced or adapted homework
- [ ] Homework written down for them
- [ ] Access arrangements considered for tests and exams, such as extra time, rest breaks or a reader
- [ ] A smaller room for tests

## Home and school

- [ ] Daily or weekly home and school book
- [ ] Named contact for the family
- [ ] Pupil profile shared with all staff
- [ ] Regular review meetings, at least termly

## Notes and agreed actions