FASD SCHOOL SUPPORT TOOLKIT

Home-School Communication Sheet

A quick two-way update. Share good news as well as concerns.

FASD Compass
fasdcompass.co.uk/school-support-toolkit/

Pupil (initials): _____ **Week beginning:** _____ **School contact (role):** _____

Day	From school: what went well, and anything to know	From home: sleep, mood, changes or news	Rating
Monday			Good day Mixed day Hard day
Tuesday			Good day Mixed day Hard day
Wednesday			Good day Mixed day Hard day
Thursday			Good day Mixed day Hard day
Friday			Good day Mixed day Hard day

Something to celebrate this week

Coming up: changes, trips or new staff

Anything to talk about, and how to get in touch

Some children cope at school, then release stress at home. Both views matter. If you are worried a child is being harmed, follow your school's safeguarding procedures rather than using this sheet.

FASD Compass · Reviewed November 2026 by Dr Inyang Takon, Consultant Neurodevelopmental Paediatrician. For information only. Support should be based on the pupil's needs and does not depend on a diagnosis. Use initials only and follow your school's data protection policy.